



# COVID-19 VACCINE IN PREGNANCY REFERENCE GUIDE

## COVID-19 in Pregnancy

Getting COVID during pregnancy increases your risk of:

- ICU admission 6-fold
- Intubation 14-fold
- Death 15-fold

A person who gets COVID during pregnancy is more likely than a non-pregnant person to have:

- ICU admission 3-fold
- Intubation 2-fold
- ECMO 2.4-fold ("heart-lungmachine")
- Death 1.7-fold

Getting COVID during pregnancy also makes you more likely to have pregnancy-complications:

- Preeclampsia 4-fold
- Preterm birth 4-fold
- Gestational diabetes 2-fold
- Low birth weight 2-fold



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## COVID-19 Vaccine in Pregnancy

COVID-19 vaccine in pregnancy works and is safe:

- Does not increase risk of miscarriages or adverse pregnancy outcomes
- Prevents hospitalizations and severe disease in pregnancy
- Has the same side effect profile as non-pregnant persons
- Protective antibodies pass through the placenta and breastmilk
- Mounts a better response than natural infection

How do we know that vaccines are safe in pregnancy?

We have multiple tracking mechanisms in place, and decades of vaccine safety data:

- Adverse Event Reporting System (VAERS): a long-standing mechanism to track all vaccine adverse events
- V-Safe: COVID-specific tracking mechanism
  - >160,000 pregnant persons who received COVID-19 vaccine in pregnancy
  - >5000 enrolled in pregnancy registry
- Vaccine Safety Datalink (VSD): Network of health systems who share vaccine data

Pregnant women are encouraged to receive a booster shot under current CDC guidance

- Pfizer: for ages 16+ who received Pfizer at least 6 months ago\*
- Moderna: for ages 18+ who received Moderna at least 6 months ago
- Johnson & Johnson: for ages 18+ who received Johnson & Johnson at least 2 months ago

\*Mixing and matching of boosters is allowed for 18+. Those who are 16 or 17 must get a Pfizer booster dose.

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