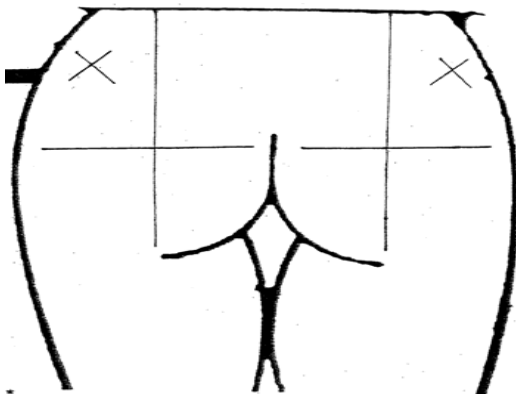


Intramuscular injections of Progesterone

1. Wash hands.
2. Assemble all of your supplies.
3. Open the package with the 3-cc syringe attached to an 18 gauge 1 ½ inch needle.
4. Pull metal top off the vial and wipe clean with an alcohol pad
5. Pull back the plunger of the syringe so the tip of the rubber lines up with the 1 cc mark.
6. Insert needle into vial.
7. Inject 1 cc of air into the vial.
8. Turn the vial upside down and pull 1 cc of the oil out of the vial.
9. Switch to the 22-gauge 1½ inch needle.
10. With needle pointing up, tap on syringe to make sure there are no extra air bubbles. Push air out of the syringe as needed.
11. The patient can lie down or stand. If the patient is standing, do not bear weight on the side of the injection.
12. Clean area to be injected with alcohol and allow to air dry.



13. With one hand, grasp a stack of muscle at the injection site.
14. Place the needle completely into the muscle, approaching at a 90 degree angle.
15. Pullback on the plunger of syringe to check for blood at the point where the syringe meets the needle.
16. If no blood, inject medicine and remove needle .
17. If blood, pull the needle back just a bit, (not enough to remove the tip from the skin) and redirect then perform #16.
18. Remove needle from skin.
19. Use gauze to press on the injection site.
20. Dispose of needle in a needle discard container.